

Drop-In Skating Guidelines

<p>All Drop-in sessions:</p>	<ul style="list-style-type: none"> • Must pay at reception and provide proof of payment to attendants • Must wait for attendant to open the gate before entering ice • No sitting on the boards • Food or drink not permitted on the ice • No throwing snowballs • No outside coaching
<p>Everyone Welcome:</p>	<ul style="list-style-type: none"> • No spikes • Must follow flow of traffic • No entry in penalty boxes or players benches • No sitting or standing on skate aids • Patrons must keep skating aids within beginner area • No hockey sticks • No carrying children • Strollers and wheelchairs are allowed <ul style="list-style-type: none"> ○ Child must be buckled in ○ Helmets strongly recommended ○ Child must wear skates in upright stroller
<p>Stick & Puck:</p>	<ul style="list-style-type: none"> • Must register – <i>can register up to 7 days prior @ 7:30am</i> • No goalies, scrimmages, drills, or passing down the ice • Helmet, hockey gloves, stick, hockey skates and appropriate clothing is mandatory • Gates must be kept closed during session • Please keep the front and behind the net clear • Players benches and penalty boxes are available for rest periods <p>Youth Stick & Puck:</p> <ul style="list-style-type: none"> • Must wear full cage on helmets
<p>Parent & Child Hockey Social:</p>	<ul style="list-style-type: none"> • Parent mandatory on ice – up to 2 kids per parent • Ages 5-10 years old • No spikes • Sponge pucks only • Helmets mandatory – cages and gloves mandatory for kids • No slapshots • No scrimmages or drills
<p>Parent & Tot Ice Play:</p>	<ul style="list-style-type: none"> • Ages 1-6 years old • Parent mandatory on ice with children • Spikes are allowed <ul style="list-style-type: none"> ○ Attendants will use discretion to adapt rule as deemed necessary (ie. If session is busy) • No carrying children • Sponge pucks only • Toys are available for use
<p>Adult Skate:</p>	<ul style="list-style-type: none"> • No hockey sticks • Must follow flow of traffic • No high-level figure skating skills <ul style="list-style-type: none"> ○ Attendants will use discretion to adapt rule as deemed necessary (ie. If session is busy)
<p>Adult Figure Skate:</p>	<ul style="list-style-type: none"> • Figure skating etiquette applies: <ul style="list-style-type: none"> ○ Spins practiced in the centre of the ice ○ Jumps practiced on the ends of the ice